

TIME MANAGEMENT SHEET

Tick the boxes once you have filled in
your data.



<input type="checkbox"/>	6-7am	_____
<input type="checkbox"/>	7-8am	_____
<input type="checkbox"/>	8-9am	_____
<input type="checkbox"/>	9-10am	_____
<input type="checkbox"/>	10-11am	_____
<input type="checkbox"/>	11-12noon	_____
<input type="checkbox"/>	12-1pm	_____
<input type="checkbox"/>	1-2pm	_____
<input type="checkbox"/>	2-3pm	_____
<input type="checkbox"/>	3-4pm	_____

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What do you spend your time doing?

<input type="checkbox"/>	4-5pm	_____
<input type="checkbox"/>	5-6pm	_____
<input type="checkbox"/>	6-7pm	_____
<input type="checkbox"/>	7-8pm	_____
<input type="checkbox"/>	8-9pm	_____
<input type="checkbox"/>	9-10pm	_____
<input type="checkbox"/>	10-11pm	_____
<input type="checkbox"/>	11-12midnight	_____

What did you spend your productive hours on? _____
